

主管单位 上海市经济和信息化委员会

主办单位 上海医药行业协会
上海市医药股份有限公司

合作单位 上海市社区卫生协会

顾问 万兴旺 王龙兴 朱宝泉 孙晓明
杨秉辉 张永信 张 勤 陈凯先
陈 洁 陈统辉 侯惠民 祝培珠
黄彦正 彭 靖 廖万清

社长 茅建医
副社长 夷征宇 刘红炜

总编 樊 嘉
资深副总编 蔡 端 朱春宝
副总编 于广军 卢洪洲 刘颖斌 李 斌
吴文辉 陈尔真 陈桂良 秦环龙
肇 晖

编辑部主任 吴 颖
责任编辑 马培奇 侯虹鲁
栏目编辑 徐蕴彦 张旖旎 吴 昊 李新建
曹明媚
美术编辑 康 乐

出版单位 《上海医药》编辑部
地址：上海市凤阳路250号
邮编：200003
编辑部电话：(021) 63276921
网址（在线投稿）：
www.上海医药杂志.com
微信公众号：shanghaiyiyaozazhi

订阅发行 发行部电话：(021) 63591150
联系人：薛发银

印刷单位 上海华教印务有限公司
定价 下半月刊全年订价 120元

封面人物

1 不忘初心从医路，扎根基层践使命
——青浦区赵巷镇社区卫生服务中心及上海市十佳家庭医生李琳介绍

专家讲座

3 产后盆底康复的研究进展 侯方华，姜从玉
6 周围性面瘫的社区康复治疗 花森，贾杰

社区卫生管理

10 黄浦区五里桥社区 0~3 岁儿童家长疫苗犹豫及影响因素研究
江秀玲，高翔，杨茹冰，等
15 奉贤区女性居民宫颈癌筛查认知现状及其影响因素分析
俞英，钱瑾，陈红
19 社区糖尿病患者对科普系列短视频的满意度与传播意愿分析
许开彦，王涛，吴洁

全科医疗和社区护理

26 吡拉西坦对重型颅脑外伤的疗效观察 吴雁飞，胡丕健，刘远洪
30 弯角椎体成形聚甲基丙烯酸甲酯骨水泥注射治疗骨质疏松性椎体压缩
骨折的临床研究 詹勇
33 集束化护理在高依赖病房脑卒中后肩手综合征患者康复中的作用
肖萃，邵银进，袁礼洪，等

疾病预防控制

37 社区老年人衰弱综合征患病现状及影响因素研究
陈磊，褚爱群，沈丹萍
42 可调踝足矫形器联合功能训练在改善颅脑损伤患者踝关节功能中的应用
研究 张艳艳，叶颖，翁懿，等
45 2002 — 2020 年上海方松街道社区居民死亡情况及其趋势分析
张好，刘飞，李玮
51 上海江桥镇小学生家庭二手烟暴露现状及影响因素和自我保护行为分析
徐奇，王晓龙
55 社区护士微信随访在 2 型糖尿病患者自我管理中的应用效果评价
张遥
59 药学服务在基层医院慢性阻塞性肺疾病延伸处方药中的应用
孙君雪，丁冬霞

1 “医学继续教育”答题

本期主题：产后盆底康复及周围性面瘫康复

Administrated by Shanghai Municipal Commission of
Economy and Informatization

Sponsored by Shanghai Pharmaceutical Profession Association
Shanghai Pharmaceutical Co., Ltd.

Collaborator Shanghai Community Health Association

Consultant WAN Xingwang, WANG Longxing, ZHU Baoquan,
SUN Xiaoming, YANG Binghui, ZHANG Yongxin,
ZHANG Kan, CHEN Kaixian, CHEN Jie,
CHEN Tonghui, HOU Huimin, ZHU Shanzhu,
HUANG Yanzheng, PENG Jing, LIAO Wanqing

President MAO Jianyi

Vice President YI Zhengyu, LIU Hongwei

Editor-in-Chief FAN Jia

Senior Vice Editor-in-Chief CAI Duan, ZHU Chunbao

Vice Editor-in-Chief YU Guangjun, LU Hongzhou, LIU Yingbin,
LI Bin, WU Wenhui, CHEN Erzhen,
CHEN Guiliang, QIN Huanlong, ZHAO Hui

Editorial Director WU Ying

Executive Editor MA Peiqi, HOU Honglu

Column Editor XU Yunyan, ZHANG Yini, WU Hao,
LI Xinjian, CAO Mingmei

Art Editor KANG Le

Edited & Editorial Department of *Shanghai*

Published by *Medical & Pharmaceutical Journal*

Address: No.250 Fengyang Road, Shanghai,

200003, China

Tel: (021)63276921

Website: www.上海医药杂志.com

WeChat: shanghaiyiyaozazhi

Distributed by Editorial Department of *Shanghai*

Medical & Pharmaceutical Journal

Tel: (021)63591150

XUE Fayin

Printed by Shanghai Huajiao Printing Co., Ltd.

Price 240 Yuan per annum

Front cover figure

- 1 Never forget the original intention to practice medicine, and root in the grassroots to fulfil the mission

Specialist lectures

- 3 Research progress of postpartum pelvic floor rehabilitation
HOU Fanghua, JIANG Congyu
- 6 Community rehabilitation treatment of peripheral facial paralysis
HUA Miao, JIA Jie

Community health management

- 10 Research of parents' vaccination hesitation and the influencing factors among parents with children aged 0-3 years old in Wuliqiao Community, Huangpu District
JIANG Xiuling, GAO Xiang, YANG Rubing, *et al*
- 15 Analysis of cognitive status and the influencing factors of cervical cancer screening among female residents in Fengxian District
YU Ying, QIAN Jin, CHEN Hong
- 19 Analysis of the satisfaction and dissemination willingness of community diabetic patients to disseminate short video series on science popularization
XU Kaiyan, WANG Tao, WU Jie

General practice and community nursing

- 26 Effect observation of piracetam injection on severe craniocerebral trauma
WU Yanfei, HU Pijian, LIU Yuanhong
- 30 Clinical study of curved vertebroplasty with polymethyl methacrylate bone cement injection in the treatment of osteoporotic vertebral compression fractures
ZHAN Yong
- 33 Role of cluster nursing in the rehabilitation of patients with shoulder hand syndrome after stroke in high dependency unit
XIAO Cui, SHAO Yinjin, YUAN Lihong, *et al*

Disease prevention and control

- 37 Research of the current state of debility syndrome and influencing factors in elderly people in the community
CHEN Lei, CHU Aiqun, SHEN Danping
- 42 Application research of adjustable ankle-foot orthosis combined with functional training in the improvement of the function of ankle joint in patients with traumatic brain injury
ZHANG Yanyan, YE Ying, WENG Yi, *et al*
- 45 Analysis of the mortality and the trends in Fangsong Community in Shanghai from 2002 to 2020
ZHANG Yu, LIU Fei, LI Wei
- 51 Analysis of current status of second-hand smoke exposure in pupil's families and the influence factors and self-protection behavior in Jiangqiao Community, Shanghai
XU Qi, WANG Xiaolong
- 55 Evaluation of application effect of WeChat follow-up of community nurses on self-management ability of patients with type 2 diabetes mellitus
ZHANG Yao
- 59 Application of pharmaceutical service in chronic obstructive pulmonary extended prescription drugs in primary care hospitals
SUN Junxue, DING Dongxia