

主管单位 上海市经济和信息化委员会

主办单位 上海医药行业协会
上海市医药股份有限公司

合作单位 上海市社区卫生协会

顾问 万兴旺 王龙兴 朱宝泉 孙晓明
杨秉辉 张永信 张 勘 陈凯先
陈 洁 陈统辉 侯惠民 祝培珠
黄彦正 彭 靖 廖万清

社长 茅建医

副社长 夷征宇 刘红炜

总编 樊 嘉

资深副总编 蔡 端 朱春宝

副总编 于广军 卢洪洲 刘颖斌 李 斌
吴文辉 陈尔真 陈桂良 秦环龙
肇 昕

编辑部主任 吴 颖

责任编辑 马培奇 侯虹鲁

栏目编辑 徐蕴彦 张旖旎 吴 翱 李新建
曹明媚

美术编辑 康 乐

出版单位 《上海医药》编辑部

地址：上海市凤阳路250号

邮编：200003

编辑部电话：(021) 63276921

网址（在线投稿）：

www.上海医药杂志.com

微信公众号：shanghaiyiyaozazhi

订阅发行 发行部电话：(021) 63591150
联系人：薛发银

印刷单位 上海华教印务有限公司

定价 下半月刊全年订价 120元

封面人物

- 1 秉承初心，承梦前行——松江区方松街道社区卫生服务中心及上海市十佳家庭医生席伟春介绍

专家讲座

- 3 老年糖尿病周围神经病变患者平衡功能障碍的研究进展 石磊，白姣姣
社区卫生管理

- 6 上海市社区医学检验服务能力状况调查分析

高淑龙，王茜青，夏卫，等

- 11 高境镇社区卫生服务中心 2017—2022 年抗高血压药物使用情况调查
分析 陈云峰，薛良

- 17 慢性乙型肝炎患者的社区护理随访依从性调查研究 魏寓之

全科医疗和社区护理

- 20 PVP 技术配合康骨宁胶囊治疗气滞血瘀型老年骨质疏松性压缩性骨折
孙雷，胡前芹，马小燕，等

- 24 中西医结合综合护理干预在老年女性压力性尿失禁管理中的应用
王荣军，黄芬

- 27 不同比例血浆与红细胞输注在产后出血患者输血治疗中的应用效果
丁丽，叶德胜

- 30 紫归熏洗方治疗 2 期压疮的临床观察 寿忆君，刘丽萍，张明明，等

- 34 微侵入气管内注入肺表面活性物质在新生儿呼吸窘迫综合征的应用研究
杨磊，袁水生，胡小华，等

疾病预防控制

- 39 便携式单导联心电仪在社区老年心房颤动筛查中的应用
潘桂俊，李艳，石玉霜，等

- 44 上海闵行区工业企业职业病危害因素情况分析 陈斌，艾阳，简永志

- 49 性健康教育对上海练塘镇小学生性心理的影响 张巍瀚，李艳波

- 52 家庭医生团队模式干预对冠心病患者用药依从性和 LDL-C 达标率的影响
徐佶佶，范虞琪，赵凯，等

- 58 低负荷抗阻训练改善老年高血压合并衰弱患者血压水平和衰弱状态的效果
王晓平，孔芳草，吉艳云，等

| “医学继续教育” 答题

其他

定期献血可有效减少血液中难以去除的有害氟化物 (43)

本期主题：老年糖尿病周围神经病变患者平衡功能障碍的研究进展

Admininistrated by Shanghai Municipal Commission of Economy and Informatization

Sponsored by Shanghai Pharmaceutical Profession Association
Shanghai Pharmaceutical Co., Ltd.

Collaborator Shanghai Community Health Association

Consultant WAN Xingwang, WANG Longxing, ZHU Baoquan,
SUN Xiaoming, YANG Binghui, ZHANG Yongxin,
ZHANG Kan, CHEN Kaixian, CHEN Jie,
CHEN Tonghui, HOU Huimin, ZHU Shanzhu,
HUANG Yanzheng, PENG Jing, LIAO Wanqing

President MAO Jianyi

Vice President YI Zhengyu, LIU Hongwei

Editor-in-Chief FAN Jia

Senior Vice Editor-in-Chief CAI Duan, ZHU Chunbao

Chief

Vice Editor-in-Chief YU Guangjun, LU Hongzhou, LIU Yingbin,
LI Bin, WU Wenhui, CHEN Erzhen,
CHEN Guiliang, QIN Huanlong, ZHAO Hui

Editorial Director WU Ying

Executive Editor MA Peiqi, HOU Honglu

Column Editor XU Yunyan, ZHANG Yini, WU Hao,
LI Xinjian, CAO Mingmei

Art Editor KANG Le

Edited & Editorial Department of *Shanghai*

Published by *Medical & Pharmaceutical Journal*

Address: No.250 Fengyang Road, Shanghai,
200003, China

Tel: (021)63276921

Website: www.shanghaiyiyaozazhi.com

WeChat: shanghaiyiyaozazhi

Distributed by Editorial Department of *Shanghai*
Medical & Pharmaceutical Journal

Tel: (021)63591150

XUE Fayin

Printed by Shanghai Huajiao Printing Co., Ltd.

Price 240 Yuan per annum

Front cover figure

- 1 Adhere to the original intention, and move forward with the dream

Specialist lectures

- 3 Research progress of balance dysfunction in elderly patients with diabetic peripheral neuropathy SHI Lei, BAI Jiaojiao

Community health management

- 6 Survey and analysis of Shanghai community medical laboratory service capacity GAO Shulong, WANG Qianqing, XIA Wei, et al
11 Investigation and analysis of the use of antihypertensive drugs in Gaojing Community Health Service Center from 2017 to 2022 CHEN Yunfeng, XUE Liang
17 A survey research of compliance of community nursing follow-up in chronic hepatitis B patients WEI Yuzhi

General practice and community nursing

- 20 Percutaneous vertebroplasty technique combined with Kangguning capsules in the treatment of osteoporotic vertebral compressibility fracture in the elderly patients with qi stagnation and blood stasis type SUN Lei, HU Qianqin, MA Xiaoyan, et al
24 Application of the Chinese and Western medicine integrated with comprehensive nursing intervention in the management of stress urinary incontinence in elderly women WANG Rongjun, HUANG Fen
27 Application effect of different proportions of plasma and red blood cell infusion in the treatment of postpartum hemorrhage DING Li, YE Desheng
30 Clinical observation of Zigui fumigation and washing prescription in the treatment of stage 2 pressure sore SHOU Yijun, LIU Liping, ZHANG Mingming, et al
34 Application research of less invasive surfactant administration of pulmonary surfactant in neonatal respiratory distress syndrome YANG Lei, YUAN Shuisheng, HU Xiaohua, et al

Disease prevention and control

- 39 Application of portable single lead electrocardiograph in atrial fibrillation screening in the community elderly people PAN Guijun, LI Yan, SHI Yushuang, et al
44 Analysis of occupational hazard factors in industrial enterprises in Minhang District of Shanghai CHEN Bin, AI Yang, JIAN Yongzhi
49 Impact of sexual health education on the sexual psychology in pupils in Liantang Town, Shanghai ZHANG Weihan, LI Yanbo
52 Effect of family doctor team mode on medication compliance and low density lipoprotein cholesterol compliance rate of the patients with coronary heart disease XU Jiji, FAN Yuqi, ZHAO Kai, et al
58 Effect of low-load resistance training on improving blood pressure level and frailty state in elderly patients with hypertension combined with frailty WANG Xiaoping, KONG Fangcao, JI Yanyun, et al